Cambridge Cancer Help Centre – Therapy Room Upgrade



Centre Facilities – Supporting Over 350 Members

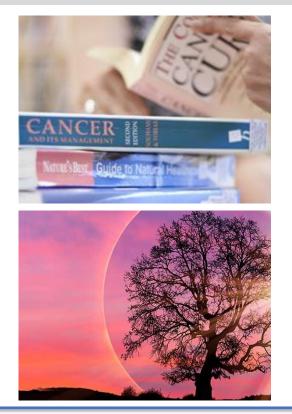
- Founded in 1986
- Safe haven for friendship and support
- Helps deal with the impact of Cancer
 on daily life
- Spacious modern and purpose built
- Complementary therapies with ...
- Dedicated therapy rooms
- Managed by a staff of two and volunteers
- Rotary involvement and support





Support During Lockdown

Our team offer support to anyone affected by cancer, their families, carers and friends.



- 1:1 Emotional and Bereavement support
- Reducing pressure on the NHS
- Guided Imagery, Mindfulness & Relaxation
- Fatigue Management
- Macmillan Hope Course
- Talking Together A time to chat

Open virtually through the COVID-19 pandemic



- Head and Neck Cancer Support Group
- Lymphoma Support Group
- MDS Support Group
- Melanoma Support Group
- Myeloma Support Group
- Ovarian Cancer Support Group
- Cambridgeshire Prostate Cancer Support Association
- Urostomy Association Support Group



Activities

- Art
- Computing
- Craft
- Mindfulness
- Nutrition
- Pamper Mornings
- Singing
- Yoga





Therapies

- Aromatherapy
- Bach Flower Remedies
- Bowen Technique
- Indian Head Massage
- Massage
- Reiki
- Reflexology
- Counselling





What We Need

- Funding for 5 specialist medical spec air filtration units. c£1000 each
- 4 Clubs to donate £500 each
- Named publicity will increase awareness of support available and Rotary involvement
- Please discuss with club members



AIRVIA Medical high-end air purifier - Official site | Airpurifier.co.uk





Contact Information

- Please get in touch if you would like us to speak at one of your meetings or provide you with more information about the Centre.
- The Centre website is:
 <u>https://www.cambridgecancerhelp.org/</u>
- Rotary edward.sage@ntlworld.com



AIRVIA Medical high-end air purifier - Official site | Airpurifier.co.uk